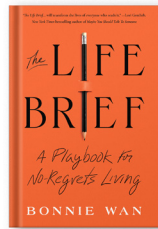


## ENDORSEMENTS



“We all have stories we tell ourselves about our lives, but what Bonnie Wan so rightly points out is that it is often the questions we avoid that hold the most value. In *The Life Brief*, she combines the candid self-reflection of the therapy room with the warmth and humor of a hard-won personal journey, then harnesses the executive power of a top industry professional to create a wholly unique guide to living that is both practical and accessible, moving and deeply meaningful. It will transform the lives of everyone who reads it.”

—Lori Gottlieb, *New York Times* bestselling author of *Maybe You Should Talk To Someone*

“Bonnie is an astonishing life force—and *The Life Brief* is an artful tool that can help you discover you are one too. This book is a wonderful invitation. Take it.”

—Dave Evans, #1 *New York Times* bestselling author of *Designing Your Life*

“The science behind how we generate our reality is clear, and now with *The Life Brief* we have the ultimate tool to set us on our true path towards success and joy. As much a book as it is a rite of passage for all of us seeking to get down to the essence of who we are, what we desire, and how to get it.”

—Deepak Chopra, *New York Times* bestselling author of *Metahuman*

“Life is messy and complicated and it can unfold before our eyes at a dizzying pace. You can either make it up as you go along, or get clarity, control, and define your story. *The Life Brief* provides lessons, tools and exercises to show you the way. Bonnie teaches us that only when we define

what kind of life we really want, can we end up getting it.”

—Jason Harris, CEO of Mekanism, *Wall Street Journal* bestselling author *The Soulful Art of Persuasion*

“*The Life Brief* is more than a book. It’s an invitation to play, to engage with key questions about our values and beliefs, and to create a unique life play book. I had so much fun reading and engaging with this book!”

—Eve Rodsky, *New York Times* bestselling author

“Bonnie Wan speaks to what the neuroscience has shown all along: if we set clear intentions, and then open ourselves up to the varied ways the world can provide for us, it is possible to manifest the life of our dreams. *The Life Brief* documents her personal journey of manifestation. Its accessible writing style, and engaging, thought-provoking activities for reflection are a gift to the reader. Powerful, poignant and life changing.”

—Dr. James Doty, *New York Times* bestselling author of *Into The Magic Shop*

“*The Life Brief* stands up there with *The Artist’s Way* in that it’s not self-help—it is a self-unlocking book. Bonnie establishes a process that is interactive, dynamic, and—by sharing her own vulnerable journey—feels like you are not going through it alone. Her book is required reading for anyone who wants to live a life fueled by courage, creativity and radical co-creation with the universe.”

—Valentine Giraud, Former Board Director, Center for Noetic Sciences